

CHILD CARE



Health Care Practices

Family Child Care Home providers are required to write and follow a policy which includes general health care practices. You must give a copy of your policy, including health care practices, to parents and your assistant/employee/volunteer, if you have one.

Injury Prevention: *Safety Hazards:*

- how often will you check indoor areas? (daily/weekly)
- how often will you check outdoor areas? (daily/weekly)
- how often will you check equipment and supplies?

- Treatment of Illnesses:**
- where will you care for a child who becomes ill at your home?
 - when will you call parents to pick up an ill child?
 - how will you keep track of a child's illnesses?
 - what will you do in care of a minor medical emergency?
 - what will you do in case of a major medical emergency?

- Medication Management:**
- where will you store medications?
 - how will you record medications you gave a child?
 - how will you dispose of medications?

- Cleaning and Disinfecting Procedures:**
- how will you clean and disinfect toys and equipment?
 - how will you clean and disinfect the bathroom? toilet training equipment?
 - how often will you generally clean child care areas?

- Communicable Disease Prevention, Management, Reporting:**
- When should children be kept home because of illness or communicable disease?*
- a fever of 101 degrees F or higher
 - vomiting two or more times within the past 24 hours
 - diarrhea (three or more watery bowel movements) within the past 24 hours
 - a draining rash
 - eye discharge or pink eye
 - lice or nits

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- fatigue that prevents usual activities
 - other
 - where will you report communicable diseases?
 - what will you do if you have a communicable disease?

**Handwashing
Practices:**

When will you wash your hands?

- after diaper changes or toileting
- after contact with body fluids (stool, urine, blood, drool, mucus)
- before cooking
- before eating

When will you help children wash their hands?

- after toileting
- before eating
- before cooking
- other

Food and Food Service:

- how will you handle food brought from the child's home? (label, date, storage)
- how will you handle leftover food? (cover, label, date, store)
- describe how you will keep hot foods hot and cold foods cold.

Diaper Changing:

- describe your diaper changing procedure.
- proper infant sleep position to prevent Sudden Infant Death Syndrome (SIDS): describe your practices.

Other:

- describe other concerns